



**KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI**  
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**ELECTRONIC THESIS AND DISSERTATION UNSYIAH**

**TITLE**

**PERBEDAAN KECEMASAN MENGHADAPI DUNIA KERJA PADA INDIVIDU YANG MENGALAMI OBESITAS  
DITINJAU DARI JENIS KELAMIN**

**ABSTRACT**

Obese individuals were often considered as less working-competent individuals and it is making them rejected when applying for a job. It was impacted on anxiety in facing of working world. Anxiety in facing of working world is worry perceived by individual when facing of working world. A factor raising the anxiety in facing of working world is gender. Gender may influence the obese individual's response to the anxiety, where obese women more often perceive mistreatment in the working world than obese men. The purpose of this research was to know the difference of anxiety in facing of working world on obese individuals in terms of gender. This research used quantitative approach with comparative research model. Participant recruited by using incidental sampling technique with samples' characteristics are the range of age 19-30 years old, Body Mass Index (BMI)  $\geq 25 \text{ kg/m}^2$  and have not worked yet. Data gathered the anxiety's scale in facing of working world which was arranged based on Greenberger & Padesky's theory (1995) toward 30 obese men and 30 obese women. Data analysis used nonparametric technique, Mann-Whitney U and obtained P-value 0,003 (P